CANSKATE / PRE-CANSKATE / PARENT ASSIST
WINTER REGISTRATION 2025
A SESSION SUNDAY

CELEBRATING 60 YEARS OF SKATING!

CANSKATE/PRE CANSKATE -- Skate Canada's *premium "Learn to Skate"* program. (Age – must be 4 by 31 December)

- Provides participants and families with a safe, welcoming and inclusive first experience in the sport of skating.
- Develop skating and motor skills using skill progression and repetition throughout the six stages to introduce physical literacy and establish quality basic skating skills.
- Foster personal achievements and satisfaction through skill acquisition, rewards and recognition and to evoke a life-long interest in skating.

The six stages concentrate on **BALANCE, CONTROL and AGILITY**. Lessons are taught by Professional Coaches and qualified Program Assistants, all High Five Certified. Programs include: weekly incentives, theme days, Santa Skate and a great Annual Ice Show experience.

Skater's Name _____ Date of Birth _____ M/F/X
Surname First name Day/Month/Year

Address _____ Postal Code _____ Phone _____

Name Parent/ Guardian _____ E Mail Address _____

Skate Canada #_____ **Badge Level Passed** ☐ Pre-Can ☐ Stage 1 ☐ Stage 2 ☐ Stage 3 ☐ Stage 4 ☐ Stage 5 ☐ Stage 6

CANSKATE / PRE- CANSKATE / PARENT ASSIST
Season: 5 January – 23 March, 2024 (11 weeks)

☐ **A Session Sunday 9:50-10:45 am**

Note: 55 minutes Session includes -10 minute off-ice Warm up followed by a 45 minute on ice session.

FEE STRUCTURE WINTER 2025		+ HST	
A Session Sunday 9:50-10:45 am	**Regular**	**Ordinary**	**Associate**
1 Day - Sunday	$175.00	$200.00	$225.00

☐ **CANSKATE** ☐ **PRE CANSKATE** ☐ **PARENT ASSIST**

Membership status:

- ☐ Regular – Serving or Retired Military
- ☐ Ordinary – DND Civilian Employees & RCMP
- ☐ Associate – No Affiliation

1. In consideration of the benefits to me the undersigned skater and his/her parents, I hereby agree to hold and save harmless the Fort Henry Heights Skating Club (FHHSC) and all Officers, Directors, Executive members, Committee members, Coaches, Chaperones, Employees and Agents of the club from any claims for injuries, damage or loss of any kind whatsoever caused, and the aforesaid jointly and separately are all hereby accordingly released by the undersigned from any and all such claims. The undersigned also agrees to abide by all rules in effect of the FHHSC and Skate Canada.
2. **FUNDRAISING REQUIREMENT:** There are no mandatory Fundraising requirement this year; however, we do ask that families participate in our Fundraising initiatives throughout the season. Your continued support of the skating club and its programs will assist in an overall successful skating season for all.
3. Regular Member Family Discounts are available for families with 3 or more registered skaters (must reside in same household) 10% discount on fees paid.
4. **REFUND POLICY**: Requests must be made in writing prior to the third (3rd) week of skating lessons. Fees will be prorated. Requests for refund after this time will be at the discretion of the board. A medical note is mandatory for medical withdrawal. Skate Canada Fees, including registration, Safe Sport and Insurance coverage are non-refundable. Schedules and information are subject to change, FHHSC is not responsible for loss of ice due to events beyond our control.

Signature of Parent or Guardian _____

Date _____

Program Fee + HST	_____
Skate Canada Membership Safe Sport & Insurance Fee	**$61.70**
Total Fees Paid	_____

PARENT ASSIST
ON ICE PARENT INFORMATION

PARENT ASSIST - Provides an opportunity for children, aged 4 (Skaters must turn 4 by December 31st), in Pre CanSkate to learn the basics of skating with "one" of their parents/guardians on the ice with them. The parent/guardian is present to assist, support and encourage their young beginner skater and must possess suitable skating skills in order to participate in this program. Parents /guardian will remain part of the lesson until such time as the skater transitions into CanSkate. Parents are subject to the Skate Canada helmet policy. **Please note: Parents must complete one form for Skater and one for the Parent**

Note: An additional person may register as an "On Ice Parent/Guardian – each registered person is subject to the Skate Canada Fee $61.70.

Skaters Name: _____

1. On Ice Parent/Guardian

Name _____ Date of Birth _____ M/F/X
Surname First Name Day/Month/Year

Address _____ Postal Code _____ Phone _____

E Mail Address _____ Skate Canada # _____

Membership status: ☐ Regular – Serving or Retired Mililtary ☐ Ordinary – DND Civilian Employees & RCMP ☐ Associate – No Affiliation

2. On Ice Parent/Guardian

Name _____ Date of Birth _____ M/F/X
Surname First Name Day/Month/Year

Address _____ Postal Code _____ Phone _____

E Mail Address _____ Skate Canada # _____

Membership status: ☐ Regular – Serving or Retired Military ☐ Ordinary – DND Civilian Employees & RCMP ☐ Associate – No Affiliation

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Signature: _____

Date: _____

Skate Canada Membership Safe Sport & Insurance Fee	**$61.70**
Total Fees Paid	_____